



THE DANGERS & FACTS CONCERNING BOTTLED WATER

**Eventually,
OUR future
generations
will be
forced to live
amongst
OUR trash.**

HAVE YOU EVER THOUGHT ABOUT HOW MANY PLASTIC BOTTLES WE THROW AWAY??

- According to the Container Recycling Institute, 86% of plastic water bottles used in the United States end up in landfills.
- Approximately 60 million plastic water bottles are used EVERY day in the United States. Consequently, approximately 18,834,000,000 plastic bottles end up in landfills EACH year!
- Unfortunately, it can take up to 700 years for one bottle to decompose!

Source: <https://www.banthebottle.net/>

HOW CAN YOU MAKE A DIFFERENCE?

DID YOU KNOW.....

According to the World Wildlife Fund International Report, "Bottled water may be no safer or healthier than tap water, while selling for up to 1,000 times the price."

IN FACT

"there are more standards regulating tap water in Europe and the United States than those applied to the bottled water industry."

And, a large portion of bottled water companies use tap water, place it in a bottle and sell it!

"The equivalent of about 50 MILLION barrels of oil is used for the processing, transport and refrigeration of bottled water every year!

--Blue Living Ideas

YOU alone can make a HUGE difference!

- Instead of buying bottled water, refill a reusable bottle! And, oftentimes, you will only be charged for ice, or it will be FREE!
- Next time you are at a gas station, refill at the faucet instead of buying water in a bottle! Tap water is just as safe, if not safer!
- Look for refill stations wherever you go and fill up!
- If you MUST buy a bottle of water, RECYCLE the plastic bottle!
- Find ways to put refill stations in your office, school or community! They aren't very expensive and help save a lot of waste!

AND remember.....

- Research shows that the chemicals from plastic bottles may leach into the water over time.
- Always buy plastic bottles that are free of BPA.
- Tap water must adhere to far more federal regulations and testing than bottled water!



An analysis conducted by *Consumer Reports* found that bottled water use for one year could cost \$346, while the same amount of tap water would only be 48 cents. If you bought that amount of bottled water for 10 years, the cost would be over \$3,400.

--Blue Living Ideas